

Information about allergens

We handle allergens in the store and due to cross contact we can never 100% guarantee that our products are allergen free.

SIGN		Translation												
Y		Allergen that is in the product												
MC		May Contain - The allergen is present at the point of manufacture of the ingredients and may cross-contaminate the ingredients												
Eggs	Fish	Milk/Lactose	Peanuts	Sesame	Crustaceans	Soja	Nuts	Cereal products contain gluten	Sulphites	Celery	Mustard	Lupin	Molluscs	
Bread														
White bread						Y		Wheat						
9-grain								Barley, Oats, Rye, Spelt, Wheat						
Seed Mix 9 Grain bread						Y		Barley, Oats, Rye, Spelt, Wheat						
Sesame Seed topping white bread				Y		Y	MC Tree nuts	Wheat						
Honey Oat Topping 9-grain bread						Y		Barley, Oats, Rye, Spelt, Wheat						
Parmesan and Oregano Topping white bread			Y			Y		Wheat						
Wheat Tortilla								Wheat						
Meat, Poultry, Seafood and Non-animal Protein														
Bacon		Y												
Chicken Breast														
Teriyaki Glaze Chicken				Y		Y		Wheat						
Buffalo Chicken	MC					MC		MC	Y	MC	MC			
Smoky Chicken														
Pork Ham														
Pepperoni														
Salami		Y												
Philly Steak						Y		Barley						
Tuna Mayo	Y	Y										Y		
Turkey														
Spicy vegan patty						Y		Wheat		Y				
Teriyaki Glaze Vegan Soy Strips				Y		Y		Wheat						
Mexican Fajita Sou Strips						Y		Wheat						
Cheese and vegetables														
Processed Cheese slices		Y												
Grated Cheddar		Y												
Parmesan Cheese Gran Padano	Y	Y												
Cow Milk Cheese Cubes		Y												
Jalapenos									Y					
Black olives														
Pickles														
Sweetcorn														
Cucumber, peppers, red onions, tomato, lettuce, spinach														
Condiments and Sauces														
Honey and Hickory BBQ Sauce								Barley						
Chipotle Southwest Sauce	Y										Y			
Honey and Wholegrain Mustard											Y			
Mustard Sauce											Y			
Light Mayo	Y										Y			
Chilli Mayo	Y	Y									Y			
Sweet Onion sauce											Y			
Green Goddess	Y	Y									Y			
Bernaise Sauce	Y					Y					Y			
Vegan Mayonaise								Hveiti	Y		Y			
Buffalo Sandwich Sauce		MC				MC			Y	MC	MC			
Cheese sauce	Y	Y		Y							Y			
Marinara Sauce														
Olive Oil														
Salt														
Pepper										MC				
Oregano														
Cookies														
Rainbow	Y	Y				Y	MC Tree Nuts	Wheat						
Chocolate Chunk	Y	Y				Y	MC Tree Nuts	Wheat						
Double Chocolate Chip	Y	Y				Y	MC Tree Nuts	Wheat						
White Chip Macadamia	Y	Y				Y	Macadamia nuts MC Tree Nuts	Wheat						
Apple and Caramel	Y	Y				Y	MC Tree Nuts	Wheat						
Various														
Coffee		Y												
Dispensed Drinks														